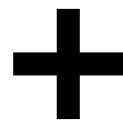


How to reduce the amount of rubbish ?

Andrzej kulak 2 TL



1: Why Is It Important?

- **Environmental Impact:**
 - Waste takes up space in landfills, causing soil and water contamination.
 - The process of waste disposal releases harmful gases like methane.
 - Many materials, such as plastics, take hundreds of years to decompose.
- **Resource Conservation:**
 - Reducing waste means conserving natural resources.
 - Recycling helps save energy and raw materials.



2: Practical Tips to Reduce Rubbish

- **Smart Shopping:**
 - Choose products with minimal packaging.
 - Opt for reusable bags and containers.
- **Food Waste Management:**
 - Plan meals to avoid overbuying.
 - Compost food scraps instead of throwing them away.
- **Digital Solutions:**
 - Opt for digital receipts and documents to reduce paper waste.
 - Use e-books and online newspapers.
- **Energy-Efficient Appliances:**
 - Use energy-efficient products to reduce e-waste.



3: Reducing Plastic Waste

- **Plastic Reduction:**

- Replace single-use plastics (straws, cutlery, bottles) with reusable alternatives.
- Choose products made of biodegradable materials.

- **Proper Disposal:**

- Never throw plastics in nature; recycle them properly.



4: The Role of Government and Industry

- **Government Initiatives:**

- Implementing stricter regulations on waste management.
- Providing better recycling infrastructure.

- **Corporate Responsibility:**

- Encouraging businesses to adopt sustainable packaging.
- Supporting eco-friendly production processes.





5: Benefits of Reducing Rubbish

- **Environmental Benefits:**
 - Less landfill waste.
 - Reduced pollution of air, water, and soil.
- **Economic Benefits:**
 - Reduced costs of waste disposal.
 - Creation of jobs in recycling and sustainable industries.
- **Social Benefits:**
 - Building awareness about sustainability.
 - Encouraging a cleaner, healthier environment for future generations.

6: Conclusion

- **Key Takeaways:**

- We can all contribute to reducing rubbish through conscious consumer choices.
- Simple actions like recycling, reusing, and reducing can make a significant impact.

- **Call to Action:**

- Let's commit to reducing waste in our daily lives for a cleaner, healthier planet.



Thank you
for your
attention

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